Chinese Go Sevaks
Cows Protect Their Servants
More Calves
Dear Friends,

Two of Krsna’s principal names are Gopal and Govinda. Gopal means “one who protects the cows”; and Govinda means “one who gives pleasure to the cows”. These names indicate the Lord’s nature and activity.

Devotees desire to please Krsna and since Krsna desires to please the cows, it follows that pleasing cows also pleases Him.

Among all the devotees of Krsna, it is understood that the cowherd men and women of Vrindavan are the most dear to Him. The gopis of Vrindavan, who are most dear to Krsna, declare that Govardhana Hill is the best of Krsna’s devotees. They reach this conclusion by noticing that Govardhana Hill is most expert in pleasing the cows as He provides them fresh grasses, cool water and shade, succulent herbs, and a most wonderful stage for them to rest and cavort. No one pleases cows as well as Govardhana Hill and thus Krsna declares Himself to be non-different than Him because He manifests the same nature and activity.

To the degree one pleases cows, to that same degree he pleases Krsna. And if one pleases Krsna, there is nothing left to be achieved.

The CFC Staff

Care for Cows in Vrindavan is a Charitable Trust registered in India, USA, Holland and Switzerland.
I happened to be by the gate when they started coming in so naturally I thought I’d welcome them. By the time they were all inside I was surprised to see more than twenty-five smiling faces all dressed so colorfully. I must say this is one of the happiest groups that have ever visited Care for Cows.

I recognized Krsna Baladeva, Chandrasekhara and Sankirtana who have been teaching yoga in China for several years. I understood that these famous teachers were now going to teach their friends from Hong Kong and Tai Wan.

Report by Ramya, self-appointed ambassador to Hong Kong and Tai Wan. She appears on the cover with Bhaktin Bertha and later in this photo essay with Bhakta Johnson and with Siromani devi dasi.
Out of curiosity many other cows arrived and began to compete to get attention from the guests. You may not know this but, aside from eating, we cows love to be caressed by people so there was a rush towards the friendly visitors.

Madhumukhi took a liking to Chandrasekhara and extended her neck for him to stroke. He was easy
Bhaktin Esther loses all composure while being blessed by Kadamba.

Bhakta Frank’s expression reflects the melting of his heart.

Madhu gives his mercy to five at a time.
to capture. I think all the photos demonstrate how naturally the Chinese devotees interacted with us. This is the proof that they are advanced in yoga. Most urban dwellers are afraid of us, but not these.

They asked many questions to the cowherd men and after hearing about the innumerable glories of the abandoned cows of Vrindavan, many of them volunteered to sponsor one of our residents so they could stay connected to Sri Vrindavan.
Bhakta Johnson glows as I shine my mercy lamp on him.

Above: Bhaktin Connie fearlessly smiles although an inch from Gambhira's horns.

Below: Siromani Devi Dasi gives me a hug inspiring me to become the ambassador to Hong Kong and Tai Wan.
Above are the eight residents sponsored by the Chinese Go Sevaks
This young bull came limping to our gate at 11:30 pm demanding to be admitted. He has a few nicks and scratches and his back legs are not working properly. He has a good appetite and we are hoping he will fully recuperate in fifteen days or so.
This female calf was brought to us by a local devotee who had been keeping her in an *ashrama* in Raman Reti. She was born with a defective back leg and though she is able to stand and walk by herself, she is not able to defend herself very well.
After what seemed like a year, Chitra finally gave birth to this healthy bull calf. Radhika welcomes Citra’s bull into the herd.

He has been sponsored by Angie MacIntosh from Toronto.
After all the excitement created by the Chinese visitors, Mekhala gave birth to a healthy female calf.
Subhadra is the first calf born to Gauri Priya and is sponsored by Bhaktivinoda & Sri Radhika from Hong Kong.

This bull calf is the first born to Sveta and is sponsored by Amit Gosvami and Rasesvari Lila.
More Calves Born

This bull calf is the first born to Sveta and is sponsored by Amit Gosvami and Rasesvari Lila

Above is the second calf born to Rani

Sveta

Rani
In 1935 the famous saint of India Pujya Swami Sri Udiya Babaji Maharaj (Swami Purnanand Tirtha) arrived at Gadhamukteswar on the bank of the Ganges in North India. In those days a *brahmacari* named Pandit Sri Ramchandra ji used to live nearby in the jungle. He had made five or six huts, two or three out of hay and the remainder out of tin sheets. His elderly mother was living with him who then was eighty-five years old.

Pujya Sri Udiya Baba would call her *Ma* (mother) and she would call him *beta* (son). Ramchandra and his mother were both great devotees of cows. It was his firm
conviction that by living on the bank of Ganges with his mother performing go-seva he would definitely be granted liberation.

So everyday he would get up early in the morning, and with a stick in hand, take cows into the jungle for pasturing, and come back home in the evening. This was his daily routine. His elderly mother who was one step ahead of him, even at eighty-five would fondly bathe the cows, feed them and serve them in every possible way. She had given names to every cow, like Ganagadei, Jamunadei and so on. Whenever she would call them by name, the cows would come running and start liking her.

When for some reason the cows did not return on time, the elderly woman would become restless and run toward the jungle crying out, "Gangadei! Jamunadei!

Somedays when the cows returned early and could not find the elderly mother around, they would begin to wail loudly and would not cease until they were reunited with her.

One day when Ramchandra had taken the cows into the jungle his elderly mother sat alone in the tin hut. At noon on that summer day suddenly a very heavy typhoon came and all four directions became so dark nothing could be seen. The roof of the hut, bed, pots and other household items began shaking due to heavy wind until suddenly the hut collapsed on her. She was pinned down so firmly that she could not even breathe properly and lost all hope of living. She thought, “Who will come to rescue me in this jungle? Certainly I am going to die now. Alas! Who will take care of my cows after my demise?”

Even in that distressed condition she only worried about her cows.

After two hours the storm desisted and the cows returned home. The cows surveyed the destruction and not finding their elderly protector became very restless and started bellowing loudly in sadness. The elderly woman gathered whatever strength remained in her and cried out, “O Gangadei, I’m under the tin roof and unable to get out! O beti (daughter). I can’t go on for long!”

When the cows heard her voice all of them raised the tin roof with their horns and held it high enough so the woman could again breathe normally. As she slowly regained her strength she crawled out from under the collapsed roof which the cows held firmly. As soon as she was at a safe distance, the cows dropped the roof and began licking her with tears in their eyes. In this way the cows saved their dear attendant.

When Sri Udiya Baba heard of this incident he exclaimed, “Ma (mother) that supreme goal which is rarely achieved by great jnanis, yogis ,and tyagis, will be effortlessly achieved by you by the mercy of mother cow. There is no doubt about it!”
Got Real Milk?

Recently there was a report in The Wall Street Journal that once again attacked unpasteurized milk. The FDA has been scaring Americans about this natural food product for decades.

I come from a family of farmers, and milk was a staple of my diet growing up.

When I’d go to my grandma’s, she’d pour me a glass straight from the bucket… straight from the cow.

Raw milk from grass-fed cows has been used for disease prevention since the time of Hippocrates. Grass-fed raw milk builds immunity. Any time you build your immunity, you help prevent disease.

When you build your immunity high enough, you set up a protective shield around you that prevents germs and viruses from attacking.

Grass-fed raw milk is a good source of important disease fighters like vitamins and minerals, essential fatty acids, amino acids, and good bacteria to strengthen your immune system. When you pasteurize milk, the heat destroys all of the immune-fighting properties.

Grass-fed raw milk also contains the most important health-building ingredient of all: enzymes.

Enzymes are inflammation fighters and immune builders. But they’re destroyed within minutes by heat during pasteurization.

Here is a sample of what’s lost:

- Amylase: Amylase breaks down carbohydrates in food as it’s digested.
- Catalase: Catalase is a strong antioxidant that protects cells.
- Lactase: This is what’s missing when people are lactose intolerant. Lactase makes it easier to absorb other nutrients as well.
- Lipase: Lipase breaks down fats like triglycerides and improves the way your body uses them.
- Phosphatase: Phosphatase helps your body absorb and use the calcium and phosphorous in milk.
- Lactoferrin: Lactoferrin helps protect you from disease. In fact, lactoferrin defends the body against invasion by bacteria, viruses, fungi, and parasites.

Lactoferrin has the same protection-fighting power as mother’s breast milk for an infant.

Look for a brand of milk that is pasteurized through a “low-heat process.” Many health and natural-food stores carry brands that use a lower temperature that does not destroy all the enzymes and nutrients.

Sources:
NOW ORDER BOOKS & LECTURE CDs BY
H. H. MAHANIDHI SWAMI MAHARAJ

www.mnsbooks.com
lectures | books | articles

Key Highlights: Most recent and most popular 'complete lecture seminars' also available
- Tattva Darshan • Caitanya Caritamrta • Art of Chanting • Bhakti Rasamrita Sindhu
- Vraja Parikrama • Bhajan Rahasya & many more

www.mnsbooks.com is the Official Website of H.H. Mahanidhi Swami Maharaj
Alex Korkin  
Alina & Naoki Tanizawa  
Amit Goswami  
Anatolij Dorogutin  
Anil Kumar  
Anna Palijcuka  
Anna Sunko  
Anna Wilson  
Anonymous  
Arcana Dasi  
Ariel Telford  
Avinash Vijay Wagh  
Balasingam Sathananthan  
Bhagyashree  
Bhavani Devi Dasi  
Bhavesh Patel  
Bonnie Potoroka  
Bonnie Stewart  
Carl & Stella Herzig  
Chandramukhi Dasi  
Chandricka Pasupati  
Christian Katsner  
Daniel Kogan  
Deepak & Priti Khullar  
Devender Kumar  
Dhruva Maharaja Dasa  
Dipti Chokshi  
Doyalgovinda Dasa  
Emily Jiminian Jiminian  
Essential Herbs & Vitamins  
Gary Markelov  
Gayatri Gita  
Gaurangapriya Dasi  
H.H. Mahanidhi Swami  
Hamsa Avatar & Yogamaya  
Hamsarupa Dasa  
Hanul Bhandari  
Igor Goldengur  
Jagannath Rao  
Janhava Dasi  
Jayesh Patel  
Jeffrey Wallien  
Jennie Jensen  
Jitarati Dasa  
Jivakan, Yoga for Everyone  
Jyoti Alkesh  
Kantilal Shivlal  
Kitri Waterman  
Krishen Kanadia  
Madhava Dasa  
Madhavamuni & Kisori  
Madhava Priya Dasi  
Madhusudana Dasa  
Mandira Mani & Sri Govinda  
Manish Bishnoi  
Manoj Kumar Vadavat  
Maximo  
Mayapur & Champalklata  
Michael Hinchliffe  
Michael Meshuris  
Nalini Gogar  
Nicholas Pascetta  
Paul Musu  
Prabhubada Dasa  
Radha Jivan Dasa  
Radhapati Dasa  
Rasamandala Dasi  
Sabine I Damon  
Sachin Pratap  
Satori Publishing  
Secretly Young  
Seshu Subramanyam  
Sri Nathji Dasa  
Sukania Venugopal  
Tanizawa Shozou  
Tracy Molina  
Udaya Krsna Dasa  
Urmiila M. Savjani  
Venkata Venkateswaran  
Vera Gridasova  
Vicki Kohn  
Vidya Mahadeo  
Vidy Sagar Lokande  
Vikas Shah  
Vladimir Ivanov  
Vrajabhumi Mcallister  
Vyasapasa Dasa  
William Yeung  
Yajna Murti Dasa  
Yajnavalkya Dasa  

The cows send their heart-felt thanks to those who assisted during April 2010

May cows stay in front of me; may cows stay behind me; may cows stay on both sides of me. May I always reside in the midst of cows. —Hari Bhakti Vilas 16.252