Dear Friends,

Still another benefit of cow’s milk has been discovered. Colostrum, the first milk the cow lactates after giving birth, is known to build the immune system. Hence, Anand, India’s milk capital, has begun harvesting colostrum and several companies have banded together to produce an oral spray that will increase human’s immune system against viruses, including HIV and H1N1. The immunity boosting spray will be marketed by the name Receptor.

What effect this discovery will have on the new-born calves is not hard to imagine. The cost of colostrum will soar and the greedy producers will no doubt deny the calf her fair share for the higher cause of increasing Profit.

Better the wise move to the country and keep a cow to promote good health.

The CFC Staff

Care for Cows in Vrindavan is a Charitable Trust registered in India, USA, Holland and Switzerland.
Van Krsna Departs

Three Neel Gai Arrive
Van Krsna was the first *neel gai* to come to Care for Cows. He was orphaned when he was only a few days old and was brought to us by some local villagers in the beginning of October 2005. At that time we had a vegetable garden and he had the privilege of browsing there to eat whatever he wanted. He especially liked the carrot tops, cabbage leaves and spinach.

Unfortunately, one day the gardener broke his leg in order to discourage him from coming into the vegetable garden. Two experienced veterinarians did their best to save his leg but in the end it had to be amputated.

Van Krsna adjusted but was unsteady while walking and would often stumble and fall against a fence, wall or various implements we have in the *goshalla*. Hence he always had some nicks on his coat and lived in silent frustration.

While most of the time he was friendly, he developed destructive habits like overturning the chairs, attacking women visitors and biting people’s cloth and tearing it. The other *neel gai* often shunned him and soon it was plain to see that he was dissatisfied.

While he approached the completion of his fourth year with us, he sat down and refused to get up. He lost interest in eating and began to fast. His temperature dropped and we isolated him in one of the recovery pens and encouraged him to feed. He lost interest in living and departed peacefully during the night.
Draupadi is the only adult *neel gai* that has been brought to us who has survived. She was hit by a car on the Delhi-Agra highway suffering injuries to her front leg and head. She recuperated and was impregnated by Janardana, our three-year-old blue bull. In due course she gave birth to twins though one of them was stillborn.

A week later Van Krsna departed and that same day the cow herd man who takes our herd out to graze each day returned with a two-day-old *neel gai* bull that he found in the forest.

Later that evening a man working on a construction site found another *neel gai* calf the same age and brought her to CFC. We suspect they are from the same mother. We put the two new calves in with Draupadi and her son and hoped she would feel inclined to nurse them. She refused so we began bottle feeding the two new calves with cows milk. But the next day Draupadi’s maternal instincts predominated and she began to nurse all three.
Orphaned female calf

Orphaned male calf

Draupadi nurses all three
Sri-Sri Gaura Nitai with Surabhi
There is a special and confidential place in Sri Navadvipa Dhama known as Surabhi Kunj which is most dear to the devotees of Lord Gauranga and Nityananda. Bhaktivinoda Thakura describes that there Lord Nityananda opens the marketplace of the Holy Name and promises to grant krsna-prema to the humble devotee. It is also there that the essential connection between preaching and cow protection was established by the supreme preacher.

_Sri Navadvipa Dhama Mahatmya_ relates that when the universe was partially annihilated by a devastating flood, the great sage Markandeya Rsi came to rest on a verdant stretch of land. Astonished by the pristine environment, he enquired from a beautiful white cow who was adorned in gold and fresh flowers, “What is this place, so unaffected by the flood? And who are you Your Majesty?”

The wonderful cow replied, “This is Navadvipa Dhama, the eternal abode of Sri Gauranga – the most munificent avatar of Sri Krishna. This land is transcendental, eternal and unaffected by material conditions. It is non-different from Vrindaban Dhama and since Krishna and Gauranga are one and the same, this place is also my eternal home. I am Surabhi, queen of Krishna’s cows in Braja.”

Markandeya Rsi offered obeisances to the Goddess of Cows and prayed for her to reveal the form of her Lord who sported in that most sacred place. With a deep loving smile, Surabhi bowed her head and Gauranga Mahaprabhu appeared and spoke reassuringly to the Rsi: “My dear Markandeya, this golden form of mine is very confidential and hidden to all but my pure devotees. At the time of Kali Yuga, however, I shall appear in this land before everyone and will inaugurate the religion of the age, the congregational chanting of My Holy Names. Until that time, I ask you to hide me in your heart and not mention this form of mine to anyone.”

Thus for all devotees who take spiritual strength from serving Krishna’s dear-most cows, Surabhi Kunj is a powerful meditation drenched in sweetness and _bhakti._
Surabhi Kunj is privately owned by me and my wife Radha Damodara devi dasi. We have named our one-hundred-fifty acre property after the holy place in Navadvipa Dhama. It is located adjacent to ISKCON’s farming community (New Govardhan) in Murwillumbah, New South Wales, Australia.

The property is comprised of 90% gently undulating open pasture. It enjoys a warm temperate climate with 1500+(mm) annual rainfall. Water is served to the property by 1.5 km frontage to the Oxley River and two deep permanent lakes.

We are inspired by Krsna’s instruction to Uddhava: “I can be worshiped within cows by offerings of grass and other suitable grains and paraphernalia...”
Caring for cows is such a simple and direct way to worship or serve the Lord. If ever one is a little unsure exactly where, and to whom, one should perform sacrifice to Vishnu ... find the nearest cow.

Beyond that, take steps to protect the well-being and future of cows either by your own endeavors or, more easily, in collaboration with other like-minded persons. We find looking after our cows immediately gratifying and purifying since it gives a deep satisfaction which helps mitigate the mundane mental disturbances of material life.

Not forgetting, also, that all Devattas are present within a cow... automatically material facilities become available. It is the real process for grhasta life.

At present Surabhi Kunj hosts forty-three residents. The oldest is Nandi (ten years) who is the leader of the herd to Tungi who is ten-months-old.

Two-thirds of our herd have been rescued by purchase from beef farmers, the remainder have been born here. Because we have ample fields and grass we plan to let the herd grow to 108 ... Krishna willing.
Go Puja festival

Greetings the rising sun
Chintamani (right) is our special-case cow. I spotted her when I was rescuing the primary eleven brahmin cows and bulls from a remote farm. She was only a small calf and stayed on her own. The farmer hadn’t included her in the sale and when I asked about her he told me her name was “Hoppy” because she hopped-around the farm having badly lacerated her foot struggling in a barbed-wire fence for two days.

The farmer went on to explain that he had been meaning to shoot her but refrained as she had an amazing will-to-live. I immediately offered to take her and this surprised him since any beef farmer would view her as a liability. I assured him I would nurse her to recovery.

It took more than six-months of dressing her wound twice daily before it healed. I’m forever grateful for Gita Govinda dasi and Bhaktin Karen who is a registered veterinarian for their diligence and loving care of Chintamini.

Chintamani now has her own special two-acre paddock with constant water and a recently built shelter. She is the most approachable and affectionate cow... with one of the loudest voices!
Yamuna is a pure-bred Tarparka who was brought from Rajasthan to Vrindavan by Prem Kisore dasa who managed the Bhaktivedanta Swami Goshalla for several years. She is about eight-years-old and weighs about seven hundred kilos. She is the largest cow in the herd of seven and is mild-mannered, docile and friendly.

She is bathed each morning and her coat is thus thick, clean and silky and she emits a delightful fragrance. Her dewlap hangs low, has many folds and feels like a velvet blanket. Though she has never had a calf, she gives about two liters of milk each morning and allows Prem Kisore to nurse from her directly whenever he wants.
She is anxious to get all the attention she can and is even willing to take a full body massage while lying in the cool earth under the shade of a tree.

The Vedic scriptures explain that the cow is one of the seven mothers and while being in the presence of Yamuna, it is easy to understand why.

Right: Prem Kisore drinks milk from Yamuna’s udder and she responds just as if he were her calf.
Each morning after her bath Yamuna delivers about two liters of thick foamy milk.

Butter churned from yogurt from the milk of Yamuna and Ganga.
Happy Birthday Adi Deva

The most pampered calf at Care for cows
Adi Deva was born to Tungavidya one year ago and has been sponsored since birth by Karthik and Nanu Priya who live in Sydney, Australia. Nanu Priya is the daughter of Kesi Nisudana dasa who manages Care for Cows.

On the left Adi Deva is shown inspecting his first birthday cakes which he graciously offered to the cowherd men; to the right he is seen accepting a banana from Kesi who attends to all his needs.

At CFC the calves have the special privilege of being allowed to nibble on the fresh grass as it awaits to be chopped for the rest of the herd. Adi Deva is always first in line and as a result has grown larger than his mother during his first year.

Above: Adi Deva munches on his favorite food: bananas.

Below: Adi Deva nibbling fresh buckwheat.
Priya was given to us by a friendly neighbor in 2002. She is known for being affectionate, gentle and kind. Since we have been taking the herd out to graze, stray bulls inevitably arrive to seek out cows in heat. On one such occasion Priya was impregnated and the result is a perfectly healthy female calf.

Several days before Priya gave birth we isolated her so we could keep watch and assist her if necessary. One visitor from London named Anthony Phillip Pernal arrived to tour Care for Cows for the first time.

Priya curiously approached Anthony to determine whether he had brought any snacks for the residents and they struck up a relationship. After learning that Priya was pregnant, Anthony offered to sponsor her calf. After she was born, Anthony visited and named her Subha Laksmi.
We found a eighteen-month-old cow laying flat on the Parikrama Path. She appeared healthy but was unable to get up by herself. She had a high fever and was brought to our clinic, cooled off and administered a dextrose drip. Two hours later her temperature dropped and she was able to get up and walk around the recovery area. After another hour passed she was feeding normally and began getting oriented to her new home.

She is friendly and has practically fully recovered. She has no sponsor and has not yet been named.
A beautiful sand sculpture of Krsna with a cow.

Cow’s ‘first milk’ will join battle against flu

Anand Source For Immunity-Boosting Spray

Raja Bose | TNN

Anand: It will now be cow versus swine. As the world grapples with H1N1, cows in Anand — the country’s milk capital — will provide the all important ingredient to tackle the menace.

After giving the country ‘utterly, buttery, delicious’ milk products for almost five decades, Amul is ready to take on the deadly viruses as it joins hands with a Mumbai-based company to collect ‘first milk’ — which provides immunity to the newborn calf — to come out with an oral spray that increases the human’s immune system against viruses, including HIV and H1N1.

The milk is being collected from Amul’s milk co-operatives and the product, Receptor, will be marketed by the Gujarat Co-operative Milk Marketing Federation (GCMMF), which owns the Amul brand.

“The first milk from the mother’s breast, called colostrum, helps the offspring build its immune system. We first removed fat by nano-filtration from the colostrum collected from cows. The isolated particles, called nano-peptides, were named ‘Radha-108’. It has been patented in India and the US. If sprayed in the mouth, these nano-peptides reach the heart from where it is pumped around the body,” says Dr Pawan Saharan, chairman of Biomix Network Limited, who got a soft loan of Rs 12 crore from the Department of Science and Technology to conduct research.

“This is a paradigm shift in research as it aims at strengthening the body against the virus. These nano-peptides block pores (receptors) on the cell surface that are gateway to viruses and also heighten the immune system in case of a viral attack,” says Dr Saharan.

“Clinical trials have been conducted in the US, Nigeria and India. AIDS patients have shown drastic reduction in viral load and those with influenza have turned asymptomatic,” he adds.

While Biomix has applied to the Drugs Controller General of India, Receptor is being sold as a natural food supplement at eight counters at Mumbai’s domestic and international airports.
Thank You From the Cows

The cows send their heart-felt thanks to those who assisted during September 2009

May cows stay in front of me; may cows stay behind me; may cows stay on both sides of me. May I always reside in the midst of cows. —Hari Bhakti Vilas 16.252